S Phelps - Nudge Challenge - Option 1

Update Contact Info Decision Map

Recognize value of staying in touch with UofT

Bottlenecks:

• Program info &

- Program info & option overload
- Program/Services not relevant at time
- •Don't see future needs/opportunities

Keep Contact Info & e-mail up- to-date

Bottlenecks:

- Too busy with life
- Too much effort to look up how
- Listed e-mail account closes /don't notify UofT

Receive program, services & event promotions

Bottlenecks:

- Promotion not relevant at moment
- Personal budget limits
- Focus wains with busy life

Sign up and engage with programming, services or gifting.

Behavioural Influences at Play:

- Information availability and Choice overload of programming, products and services for Alumni Decision Makers at time
 of graduation and later on.
- **Hyperbolic Discounting** The newly graduated Alumni mindset may not understand the value or relevance that programming, products and services could hold for them in the future. Hence new grads are not motivated to stay engaged with the University and keep information updated. This issue may also persist in future when Alumni receive random promotions for product, program, services and gifting.
- Willpower is lost over time to proactively keep contact information up-to-date.

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POSSIBLE NUDGES			Mindful		Mindless	
			Encourage	Discourage	Encourage	Discourage
	Activating Desired Behaviour	Externally Imposed			 NOT IN EXPERIMENT Automated conversion prompt to transfer UofT e-mail to personal e-mail Mandated contact info & e-mail update step during every on-line purchase/ enrollment for all UofT products, events and services; And when gifting. 	
	Boosting Self-control	Externally Imposed	• (after next) Receive text or e-mail reminders about top 3 personal goal reasons for engaging with UofT to stop/think about goal progress and update contact information.			
		Internally Imposed	 Set Goals for self on how to engage with UofT's alumni program before completing "request to graduate form" and enroll for reminder program. 			

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Nudge Challenge Option 1 Paper Overview								
Objective	Testing whether Goal setting for future engagement in products, programs and service is motivating for keeping their information up to date. And see whether reminders about those goals and updating their profile will nudge an Alumnus to keep their e-mail profile up to date.							
Study Details								
Туре	Field Experiment							
Design	Factors							
	1. Goal Setting		- 3 levels (yes, no and not offered)					
	2. Reminders		- 5 levels (1)Yes Choice with Goals; 2) Yes Choice without Goals; 3) Automatic enrollment without Goals; 4) No Reminder Program choice; 5) No Reminders offered)					
Participants	1000 graduating students (randomly assigned to groups at time of on line matriculation request form completion)							
Method	1. Control Group	Goal Setting w choice of Reminders Group	3. Reminder Program Choice Group	4. Automatic Reminder Program Enrollment				
	 Asked to review overview of services & programs Directed to Matriculation form 	 Asked to review overview of services & programs Asked to set Goals (Y/N) Asked to sign-up for Reminder program (Y/N) Directed to Matriculation form 	 Asked to review overview of services & programs Asked to sign-up for Reminder program without Goals (Y/N) Directed to Matriculation form 	 Asked to review overview of services & programs Automatically enrolled in Reminder program without Goals Directed to Matriculation form 				
Analysis	Regression Analysis							